



Fit Guide applies to jerseys, bibs and shorts.
All measurements, apart from weight, are listed in inches.

Men's Size Chart

| SIZE | WAIST | CHEST | WEIGHT | HEIGHT |
|----------|-------|-------|---------|--------|
| X Small | 26-29 | 33-35 | 100-120 | 60-64 |
| Small | 29-32 | 35-38 | 120-145 | 64-68 |
| Medium | 32-35 | 38-41 | 145-165 | 66-70 |
| Large | 35-38 | 41-43 | 165-180 | 68-72 |
| X Large | 38-42 | 43-46 | 180-210 | 70-76 |
| 2X Large | 42-46 | 46-49 | 210-240 | 74+ |
| 3X Large | 46-51 | 50-52 | 240-260 | 74+ |

Women's Size Chart

| SIZE | WAIST | CHEST | WEIGHT | HEIGHT | HIPS |
|----------|-------|-------|---------|----------|-------|
| X Small | 24-25 | 32-33 | 90-110 | Up to 62 | 34-35 |
| Small | 25-27 | 33-35 | 105-120 | 61-65 | 35-37 |
| Medium | 27-29 | 35-37 | 120-145 | 64-68 | 37-39 |
| Large | 29-32 | 37-40 | 140-165 | 67-71 | 39-42 |
| X Large | 32-35 | 40-43 | 160-185 | 70-73 | 42-45 |
| 2X Large | 35-37 | 43-45 | 185-205 | 70+ | 45-47 |
| 3X Large | 37+ | 45+ | 190+ | 70+ | 47+ |

Primal apparel is engineered for the highest possible performance. To take full advantage of the technical properties of your Primal apparel, it should fit close to the body so that moisture is effectively transported away from the skin to help keep you cool and dry.

For a looser fitting jersey, please order one size up from the size shown in the size chart.